

Western Suburban Wrestling League

Match Times by Periods, Age Groups and Weight Classed
2009-2010 Season

The Wrestlers age is calculated as of September 1 of the given year. Example: if the wrestler is 9 on september 1 of the given year then he/she wrestles 10 and unders.

Age Groups and Weight Classes

4 and under (Born September 1, 2004 or Later)

weight classes will be determined base on the actual weigh after the tournament registration

6 and under (Wrestlers born between 8-31-04 and 9-1-02)

35, 40, 45, 50, 55, 60, 65, 70, 75, 85, hwt

8 and under (Wrestlers born between 8-31-02 and 9-1-00)

45, 50, 55, 60, 65, 70, 75, 80, 87, 95, 112, hwt

10 and under (Wrestlers born between 8-31-00 and 9-1-98)

55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, hwt

12 and under (Wrestlers born between 8-31-98 and 9-1-96)

65, 70, 77, 84, 91, 98, 105, 112, 120, 128, 136, 144, 152, 160, 175, hwt

14 and under (Wrestlers born between 8-31-96 and 9-1-94)

77, 84, 91, 98, 105, 112, 119, 125, 130, 140, 145, 152, 160, 171, 189, 215, hwt

Wrestlers **MUST** weigh-in wearing singlet

72 Total Weight Classes

Rule of Thumb~

The approximate manimum percentage weight difference per

age group in the heavy weight classes is as follows:

15% at 6 and under, 16% at 8 and under, 17% at 10 and under,

18% at 12 and under, and 19% at 14 and under.

Weight and birthdates were voted on and revised; August 2008

Time by Periods:

4's, 6's and 8's Three, Sixty (60) second periods

10's, 12's and 14's Three, Ninety (90) second periods